

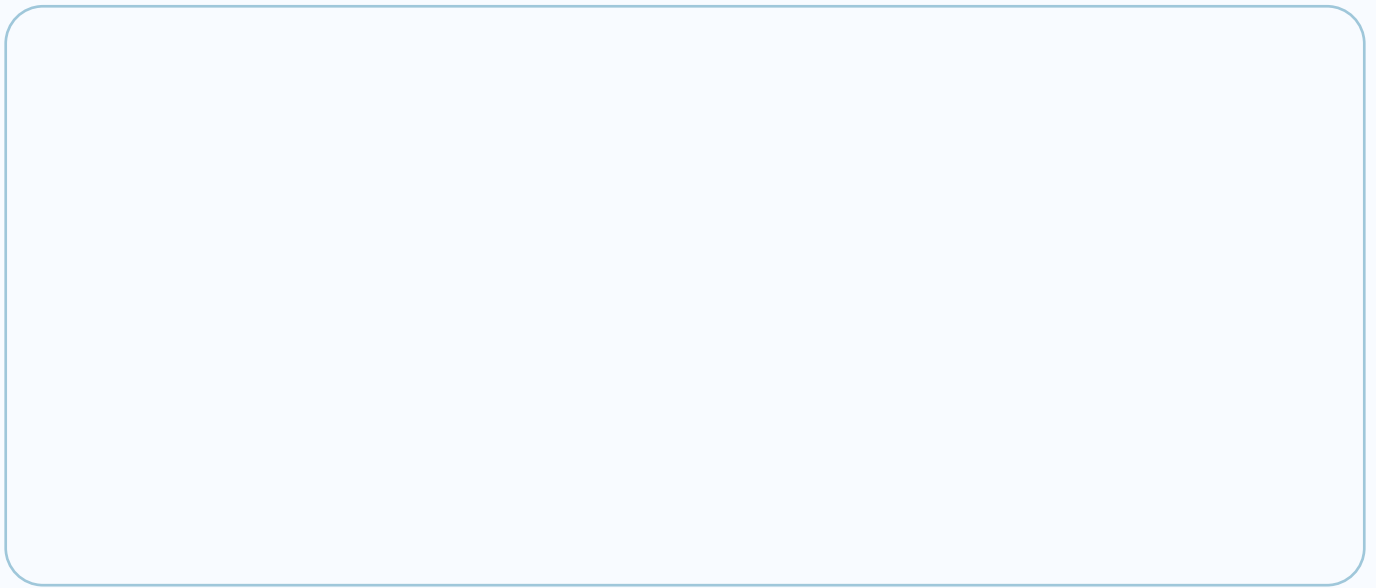
01 Wash My Hands

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

02 Brush My Teeth

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.

THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

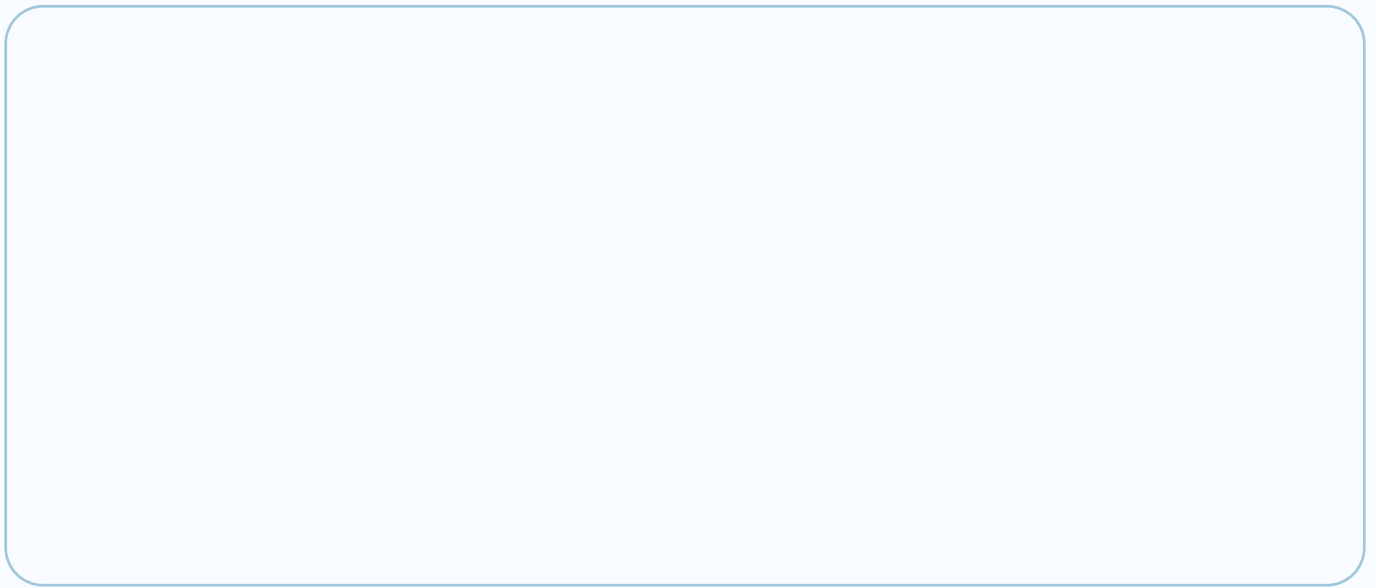
03 Get Dressed

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

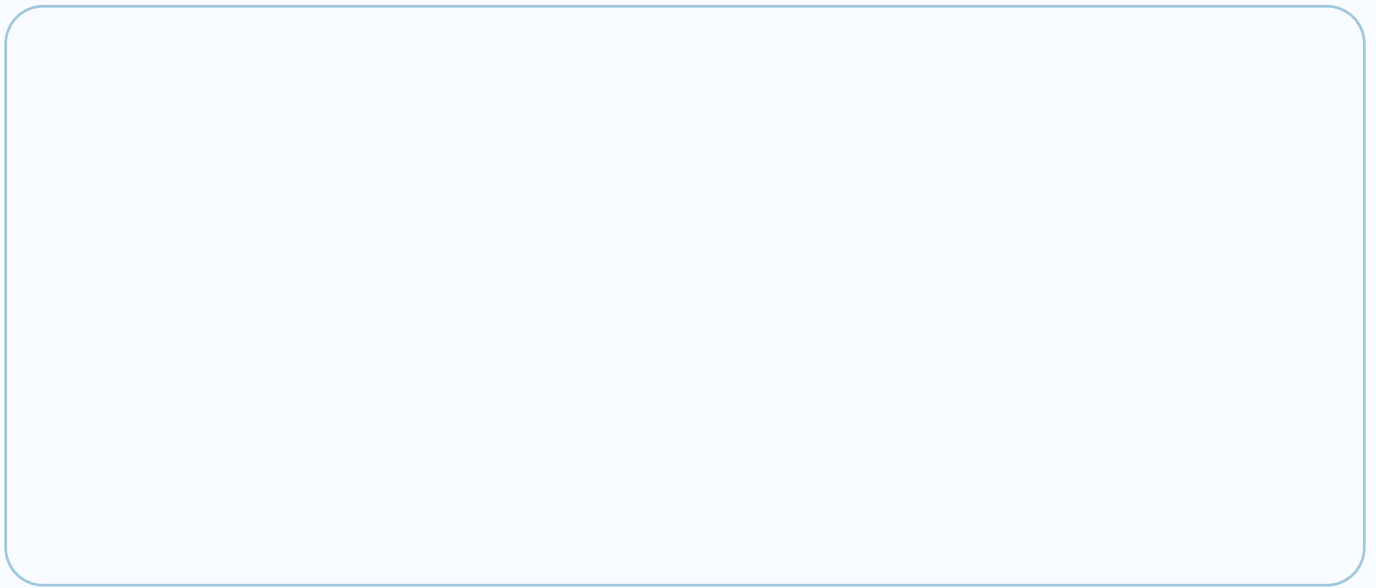
04 Healthy Snack Plate

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

05 My Daily Routine

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.

THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

06 Pack My School Bag

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.

THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

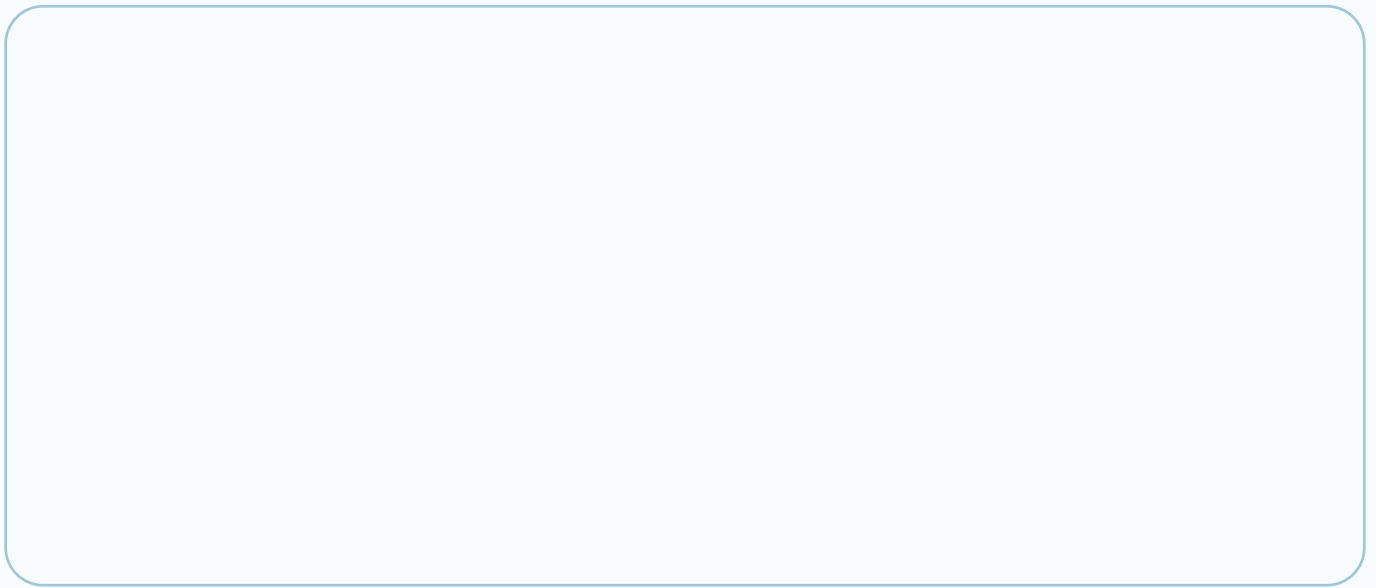
07 Put Away Toys

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

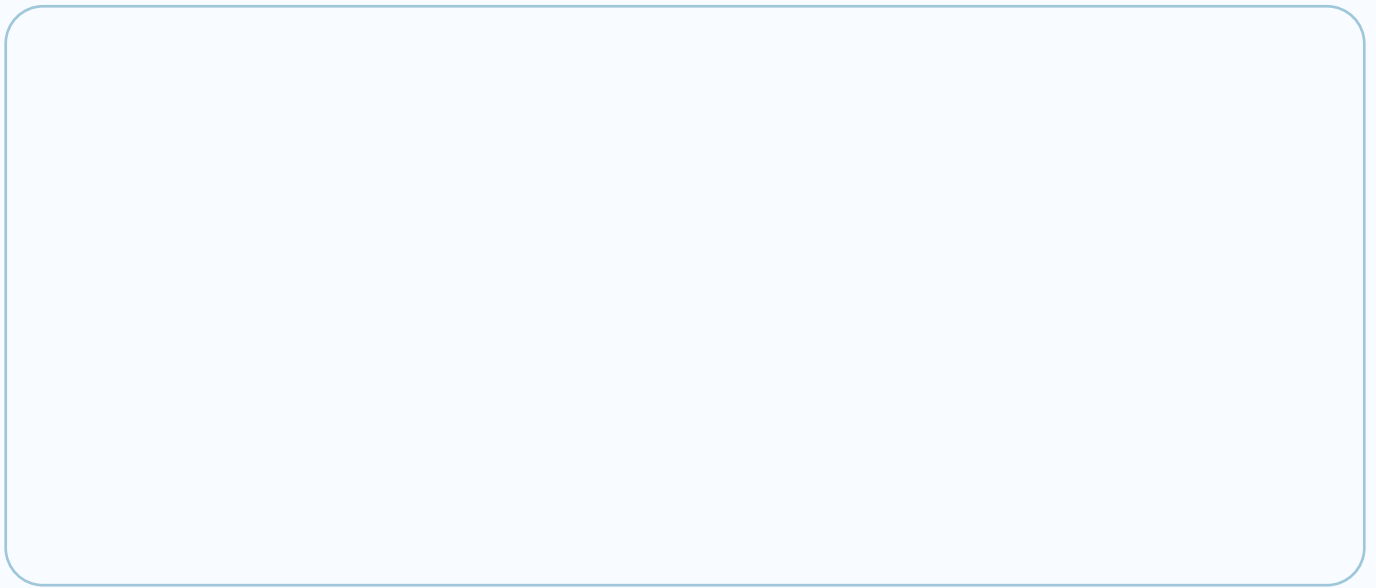
08 Fold My Clothes

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

09 Help at Home

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.

THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

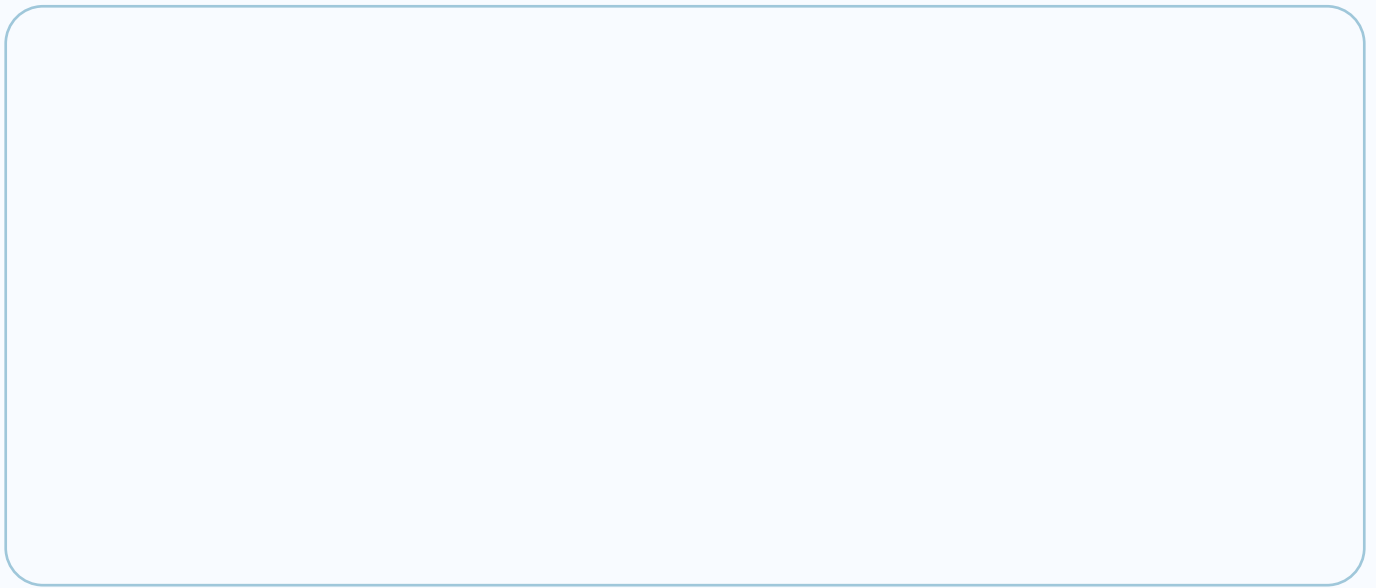
10 Sort and Organise

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

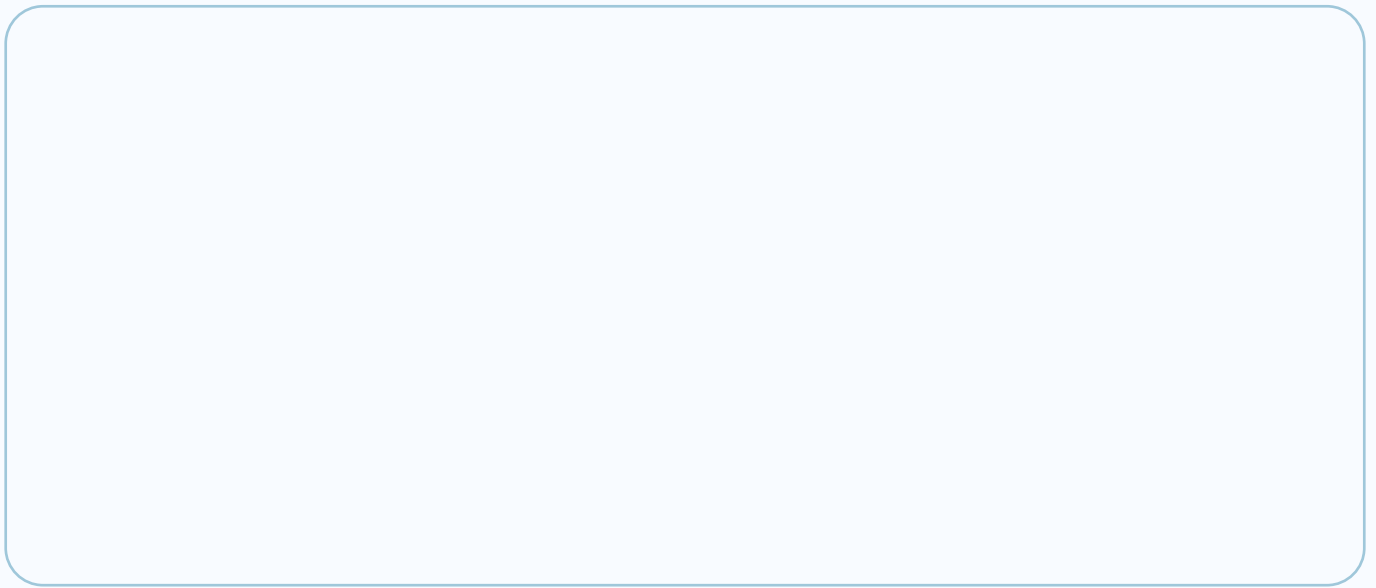
11 Use Magic Words

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

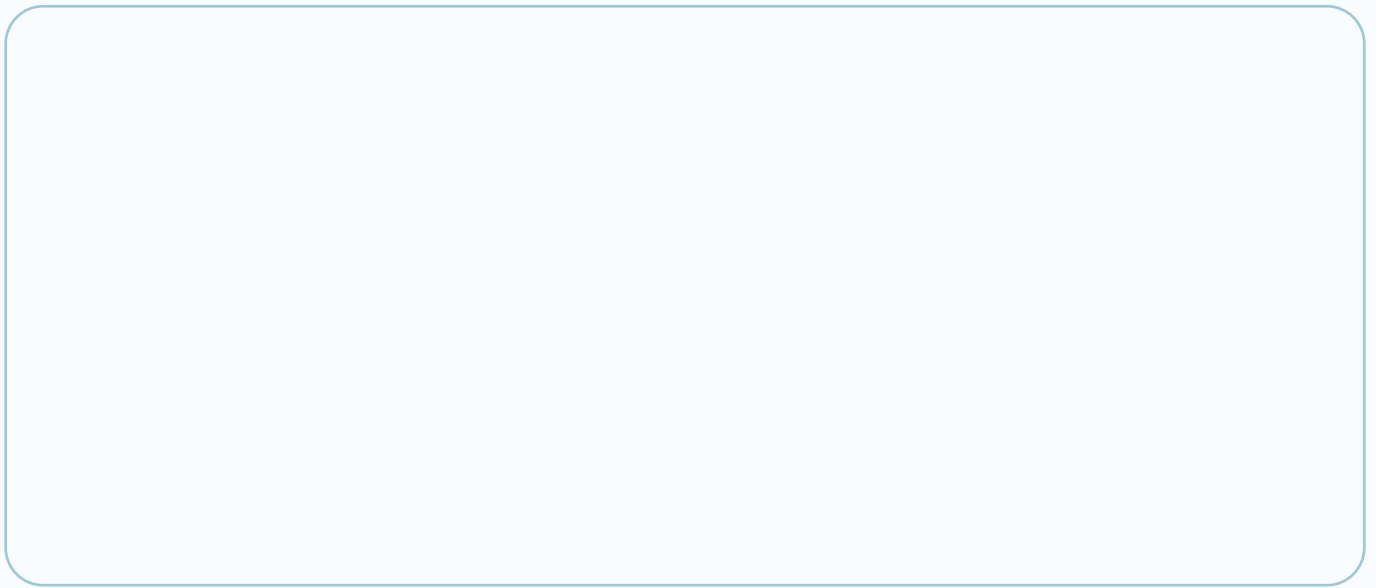
12 Listen and Draw

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! ☐ With help ☐ By myself

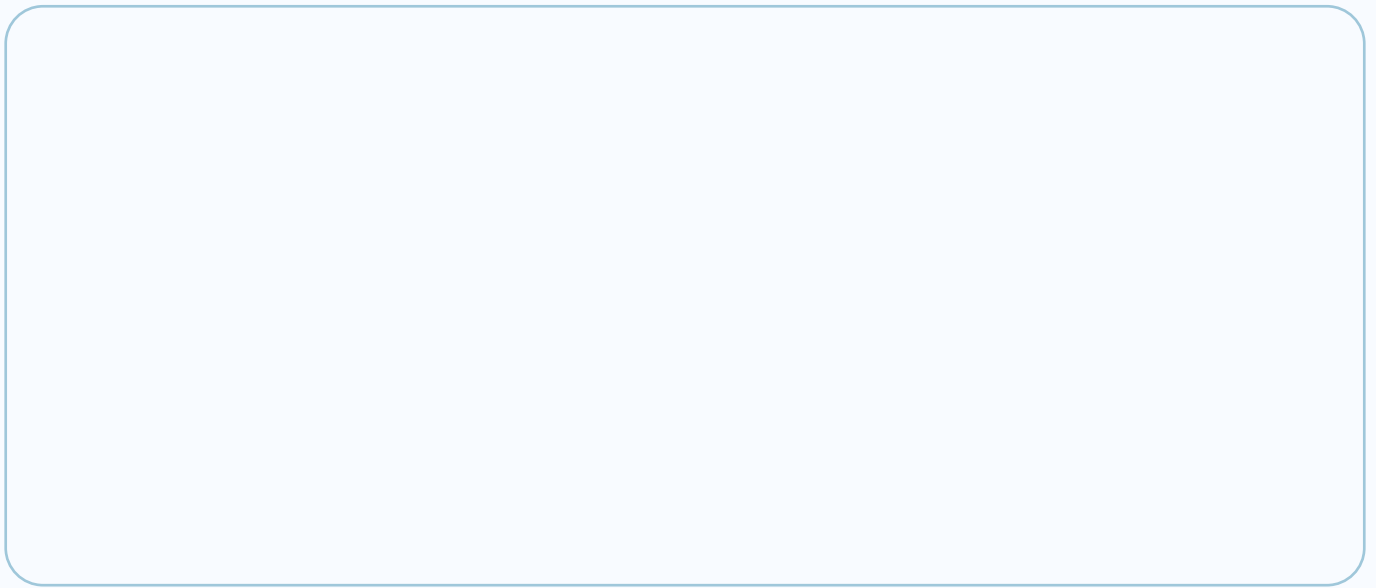
13 Name My Feelings

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

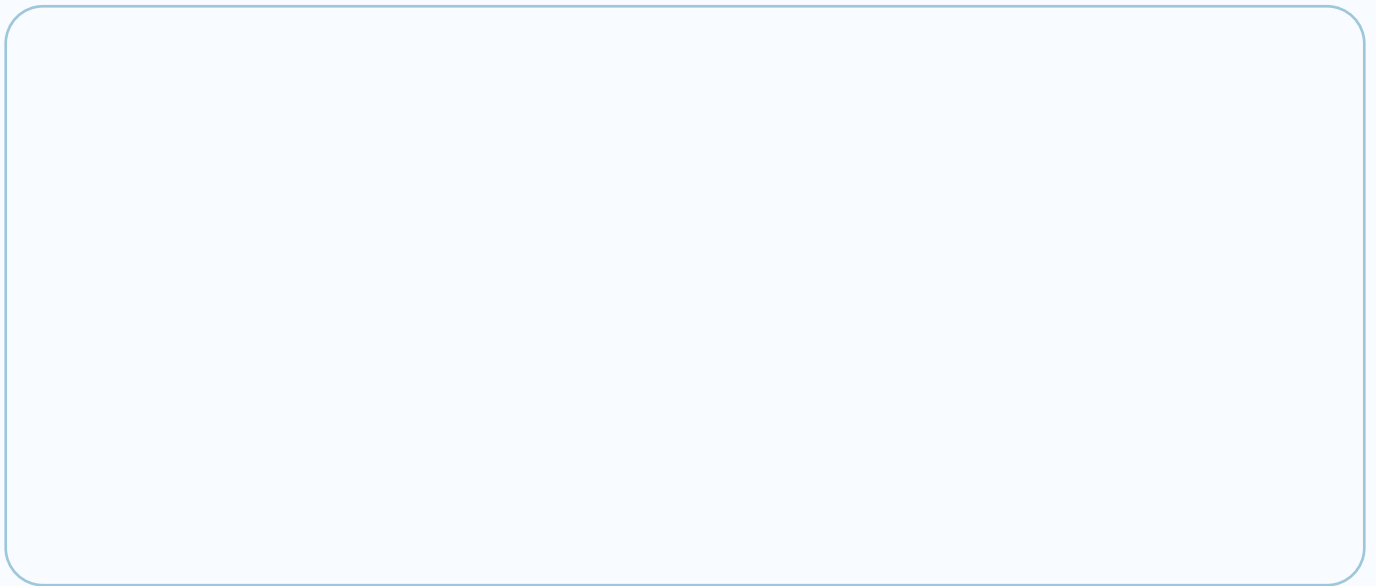
14 Ask for Help

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! ☐ With help ☐ By myself

15 Build Together

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.

THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! ☐ With help ☐ By myself

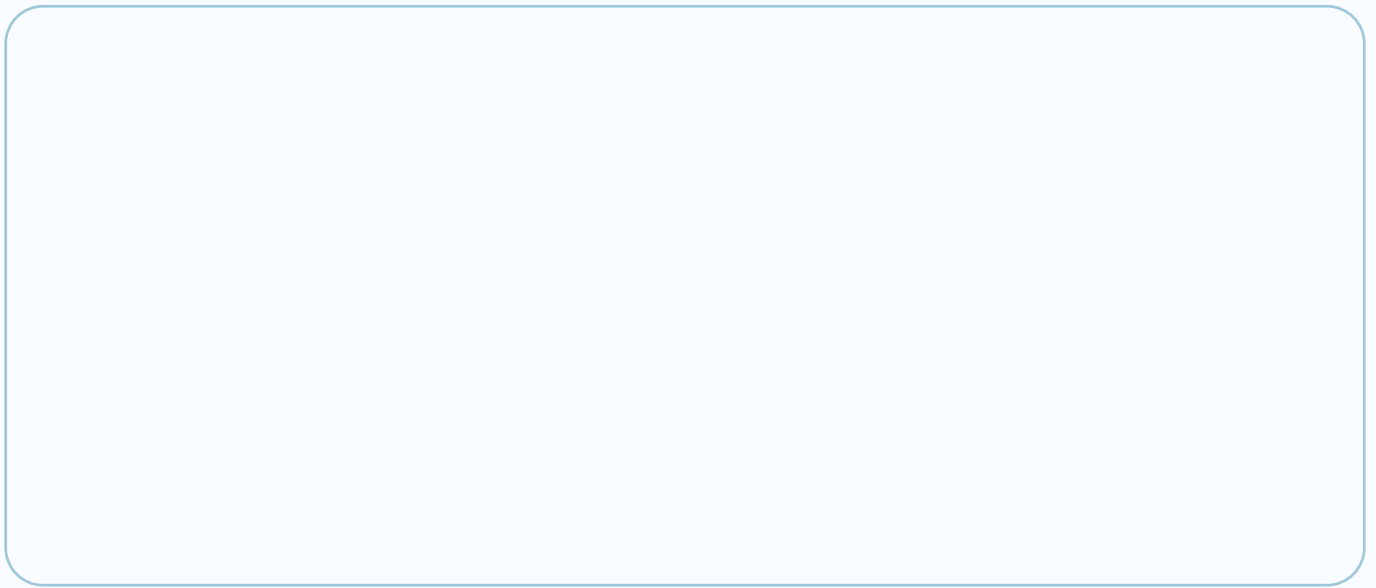
16 Stop Think Choose

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

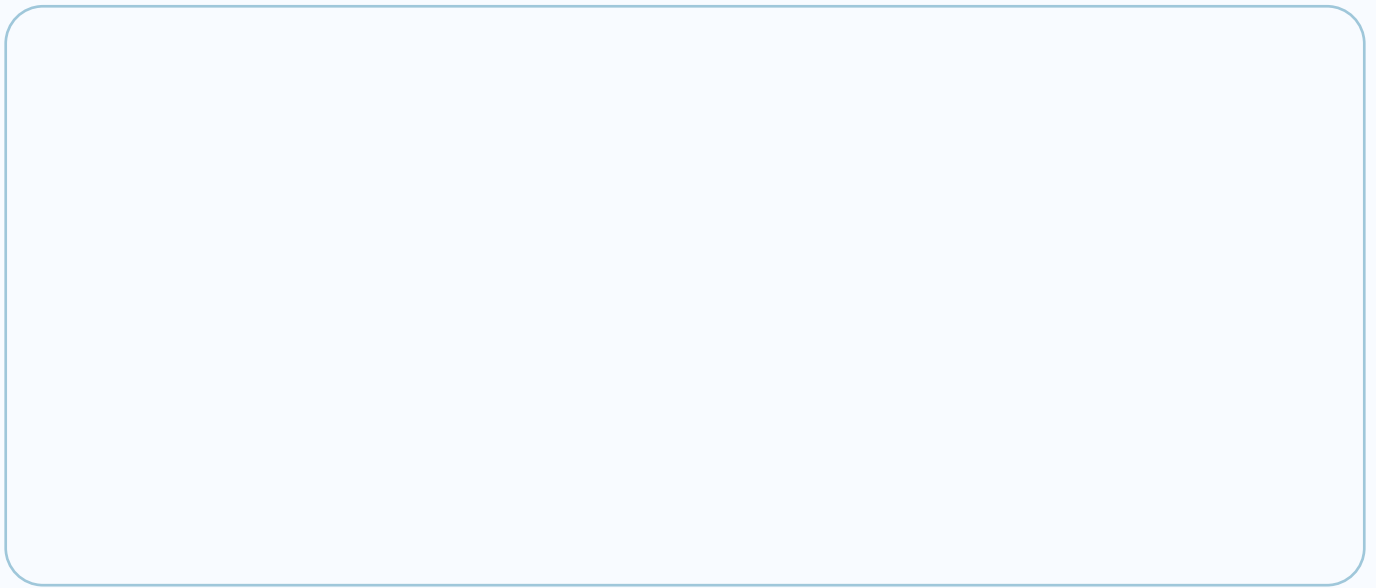
17 Spot Safety Hazards

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

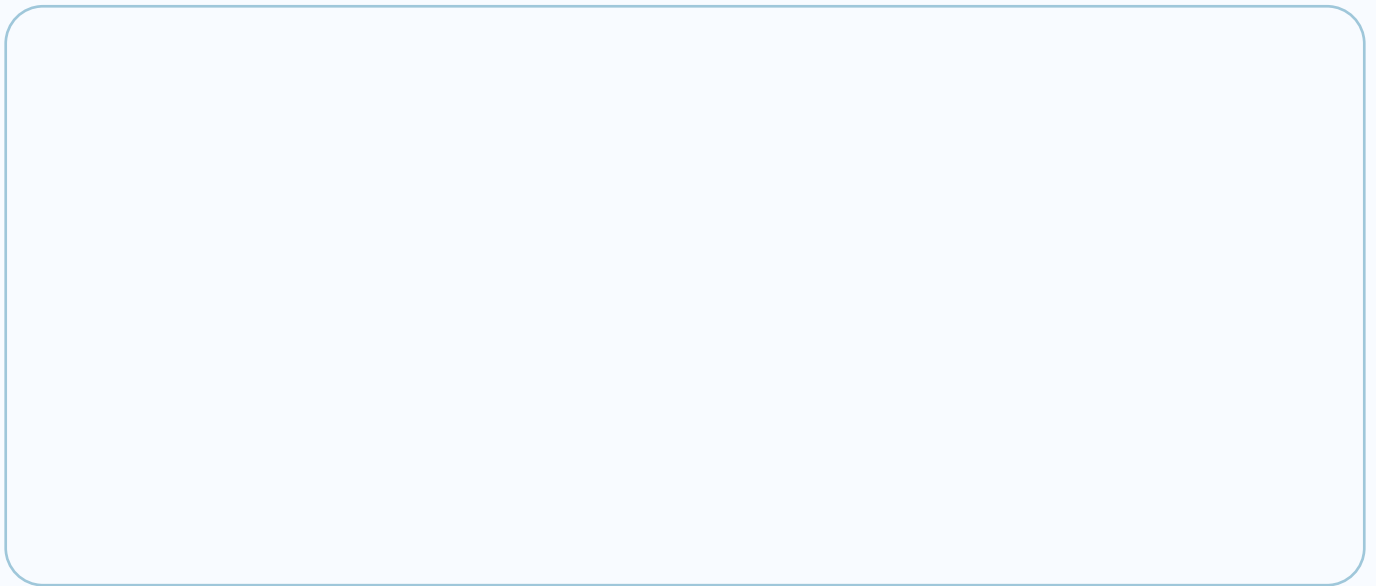
18 Solve a Problem

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

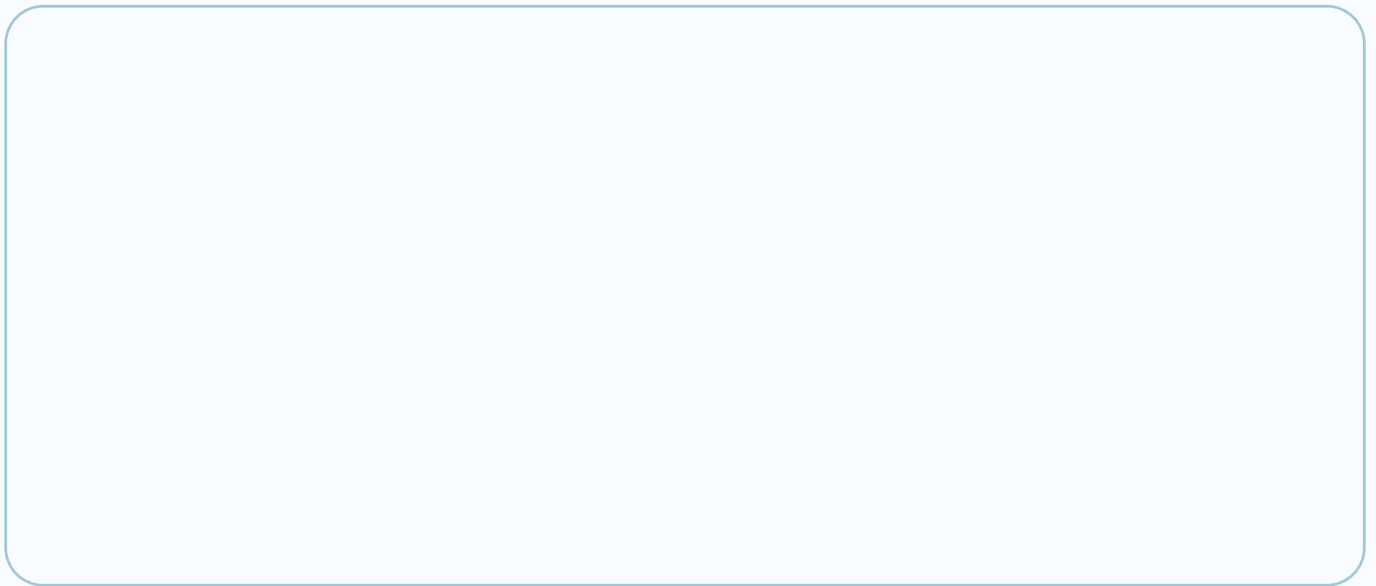
19 Needs and Wants

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

20 Play Shop

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.

THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

21 Set the Table

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.

THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

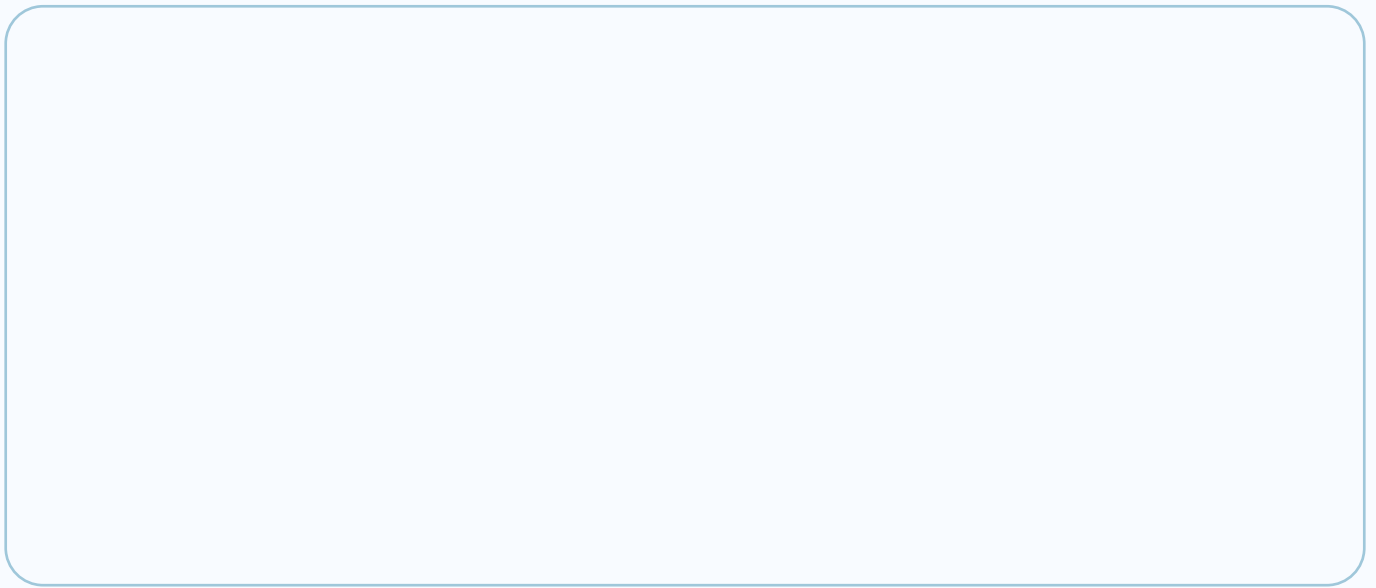
22 Care for a Plant

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.



THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

23 Community Helpers

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.

THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

24 Kindness Mission

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.

THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself

25 My Independent Day

LIFE SKILLS HEROES | Learn - Try - Grow

Name: _____ Date: _____

MY MISSION

Draw or write how you can practise this life skill.

THREE STEPS I CAN TRY

WHAT DID I LEARN?

I tried it! [] With help [] By myself